

“ I'll continue using it for the rest of my life ”



# the inner secret to outer beauty

Australia's scientifically researched secret for **healthy and strong skin, hair, nails and connective tissue** is now available in the UK

## Q Why is the mineral silicon so important?

Perhaps the most important role of silicon is the production of collagen, essential for healthy and strong skin, hair and nails. Silicon also appears to play a role in calcium absorption for healthy bone structure, teeth and connective tissue

## Q What is Qsilica Colloidal Silica?

Qsilica Colloidal Silica contains microscopic particles of suspended silica (silicon) which are highly dispersed and may therefore be quickly and easily absorbed by the body

## Q How do I know Qsilica will work for me?

“ I started off with short, weak nails that were continuously chipping and breaking and now my nails are so strong that I just can't stop marvelling at them. Also, my hair is noticeably stronger too. Last but not least, my skin is so much smoother and firmer! I'll continue using this product for the rest of my life  
*Theresa Marshall, Auckland NZ* ”

“ Since taking Qsilica my hair is soft and lustrous, my skin has a more even tone and my friends tell me I have a healthy glow. This is a truly brilliant product  
*Christina West, NSW Australia* ”

“ I just had to let you know how successful your Qsilica capsules have been for my nails. I am now into my 3rd box of Qsilica capsules and my nails are lovely and strong and I can't stop telling everyone how wonderful this product is  
*Anita Dyson, NSW Australia* ”

500ml gel  
£19.95

50ml masque  
£19.95

50 capsules  
£19.95



Qsilica is available in convenient capsules, liquid gel or skin rejuvenation masque from **Harrods Pharmacy, Bodywise Health Stores, G Baldwin & Co, Revital Health Stores** and selected premium Natural Health stores and Pharmacies throughout the UK

**Receive a FREE Qskin Masque (RRP £19.95) with your purchase of capsules or gel**



Qsilica Colloidal Silica is made in Australia using only premium ingredients selected from around the Planet.

Supplements help safeguard the diet and should not be used as a substitute for a varied and balanced diet and healthy lifestyle

For your nearest stockist visit: [www.planethealth.com.au](http://www.planethealth.com.au) or call 0800 157 7384